

Table with 7 columns representing dates from 27th to 2nd of the month, and rows representing time slots (7:00, 9:00, 11:00, 13:00, 15:00, 18:00, 21:00) and program titles. Programs include 'AMA健康チャンネル', 'あまCh.バラエティアワー', and various local events.